

# Making Healthy

## DISCIPLES

Based on  
Making Healthy  
Disciples/Sonlife  
Principles:

WINNING  
the lost

BUILDING  
the believer

EQUIPPING  
the worker

MULTIPLYING  
the leader

SENDING  
the called ones

### ● SALVATION - (Winning)

*where we understand:*

- *who Jesus is*
- *the needs for repentance*
- *the need to receive the Saviour*

- Knows the biblical steps to salvation and assurance of salvation
- Has prayed to receive Christ as personal Saviour

### ● BIBLE KNOWLEDGE AND APPLICATION - (Building)

- *we know the Bible truths and doctrine AND*
- *we apply the Bible truths to our daily lives*

- Understands that the Bible is God's absolute truth
- Knows the major Old Testament and New Testament stories and characters
- Understands basic Bible doctrine (God the Father, Jesus the Son, Holy Spirit, Bible, sin, salvation, church, Second Coming)
- Has learned the essentials for Christian growth (prayer, Bible reading, forgiveness, overcoming temptation, fellowship, witnessing, faith, stewardship of time/money/talents)
- Demonstrates Bible truths in everyday life (honest, truthful, thankful, patient, humble)

### BIBLE MEMORY - (Building)

- *we are involved in systematic Scripture memorization*
- *we understand, memorize and apply God's Word*

- Participates in a Bible memory program
- Has memorized key verses and passages (plan of salvation, 10 Commandments, Great Commandment, Great Commission, Psalm 23, Lord's Prayer, Fruit of the Spirit, Armor of God)
- Knows books of the bible

### HEALTHY RELATIONSHIPS - (Building)

#### A. PERSONAL: one-on-one

- *we establish and build one-on-one relationships*
  - Respects and obeys parents, teachers and others
  - Demonstrates loyalty and love for Christian friends
  - Demonstrates willingness to forgive

#### B. CORPORATE: the church

- *we participate in the life of the church*
  - Understands the privilege of corporate worship, communion and baptism
  - Actively participates in local church ministries designed for children

### WORSHIP - (Building)

- *we participate in genuine worship (praise, adoration and devotion offered to God)*
  - Regularly worships the Lord with other Christians

### PRAYER/DEVOTIONAL LIFE - (Building)

- *we have a personal friendship with God*
- *we have time alone with God in prayer and Bible meditation*
  - Consciously loves God
  - Prays and reads the Bible regularly

### SPIRIT FULLNESS - (Building)

- *we are filled with the Holy Spirit*
- *we recognize that the Holy Spirit guides us into all truth, teaches us all things, and empowers us for effective witness*
  - Understands that the Holy Spirit is a member of the Godhead/Trinity

### ● GIFTS, TALENTS, AND SKILLS - (Equipping)

- *we discover and use our gifts, talents and skills to advance the cause of Christ*
  - Understands God's provision of spiritual gifts for every believer
  - Demonstrates an interest in being useful to God and others

### OUTREACH - (Equipping)

- *we use our lives and our resources to reach other people for Christ*
- *we share our faith and have a great commission lifestyle*
  - Has compassion for the needy and unsaved
  - Invites unsaved friends to outreach events

### STEWARDSHIP - (Equipping)

- *we use our lives and God-given resources to care for others just as Jesus would*
- *we reorder our lives, time, talents and possessions for the purpose of achieving God's mission*
  - Gives an offering regularly
  - Willingly shares with others in need

### ● CHRISTIAN SERVICE - (Multiplying/Sending)

- *we serve Christ and others both inside the church and outside in the community*
  - Helps at home
  - Performs acts of kindness to people in need

### MISSIONS INVOLVEMENT - (Multiplying/Sending)

- *we participate in supporting and sending church planters and missionaries in order to get the gospel to those who have never heard at home and around the world*
  - Demonstrates a growing awareness that people need to know Christ
  - Prays for missionaries
  - Financially participates in the Global Advance ministry